



Republic of the Philippines
Department of Education
 SCHOOLS DIVISION OF OCCIDENTAL MINDORO

Office of the Schools Division
 Superintendent

DIVISION MEMORANDUM

To: **000370**
 OIC, Assistant Schools Division Superintendent
 Chief Education Supervisors, CID and SGOD
 Division Education Program Supervisors
 Public School District Supervisors
 Public Elementary and Secondary School Heads
 School Health and Nutrition Personnel
 All Others Concerned



From: **LYNN G. MENDOZA, EdD**
 Assistant Schools Division Superintendent
 Officer-in-Charge
 Office of the Schools Division Superintendent

By the Authority of SDS:

[Signature]
RODEL S. MAGNAYE
 Chief Education Supervisor
 Officer-in-Charge
 Office of the Asst. Schools Division Superintendent

Subject: **REQUEST FOR MESSAGES OF SUPPORT FOR THE NATIONAL MENTAL HEALTH WEEK**

Date : **October 7, 2022**

Attached is Memorandum from the Office of the Undersecretary for Governance and Field Operations, **Atty. Revsee A. Escobedo** dated October 5, 2022 regarding the abovementioned subject, contents of which are self-explanatory.

In this regard, all School Heads are asked to prepare a video of support relative the celebration of National Mental Health Week. Attached is the transcript which may be used as a message of support. The video shall be uploaded to the school Facebook account or any school social media account to be played/aired over a week, and send to **pas.cmu@deped.gov.ph**, copy furnished **janssen.cbrera@deped.gov.ph** on or before October 10, 2022.

For information and dissemination.

sgod/shs/mlmr



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Republic of the Philippines
Department of Education
OFFICE OF THE UNDERSECRETARY
GOVERNANCE AND FIELD OPERATIONS

OUGFO No. 2022-03-0371

MEMORANDUM

5 October 2022

FOR: Undersecretaries and Assistant Secretaries
Bureau and Service Directors
Regional Directors and BARMM Minister of Education
Schools Division Superintendents
Elementary and Secondary School Heads

FROM: 
ATTY. REVSEE A. ESCOBEDO
Undersecretary
Governance and Field Operations

SUBJECT: **REQUEST FOR MESSAGES OF SUPPORT FOR THE NATIONAL
MENTAL HEALTH WEEK**

In line with the observance of the National Mental Health Week on October 10-14, 2022, this Office, through the Bureau of Learner Support Services-School Health Division (BLSS-SHD), in coordination with other bureaus and services concerned at the Central Office, enjoins **members of the Executive Committee, Bureau, Service and Regional Directors, Schools Division Superintendents (SDSs), and School Heads** are enjoined to post on their personal/public or their office's or school's official social media accounts, within the week of the observance, a *video message* where they express their **pledge of support** for the promotion of mental health through their respective roles or in their respective jurisdictions.

Attached is copy of the pledge (**Annex A**). It is requested that the hashtags **#MentallyHealthyDepEd** and **#NationalMentalHealthWeek** be used when posting the said video messages.

At the Central Office, Undersecretaries, Assistant Secretaries, and Bureau and Service and Directors are also requested to submit a copy of their video recording, together with a copy of their high-resolution photos, to the Public Affairs Service-Creative Media Unit through email at pas.cmu@deped.gov.ph, copy furnished janssen.cabrera@deped.gov.ph, on or before October 10, 2022.

The observance of the **National Mental Health Week** every second week of October of every year has been institutionalized in the country through Presidential Proclamation No. 452, s. 1994. The theme for this year's observance, as announced by the Department of Health, is "*Mental Health and Wellbeing for All: Promoting Mental Health in Physical and Virtual Spaces.*"

By joining the observance, we aim to bring together DepEd stakeholders and enjoin them to take part in ensuring the mental health and well-being of all personnel, learners, and other players both in school and physical workspaces and online.

For questions and concerns, please contact **Gian Erik M. Adao**, Education Program Specialist II, or **Luke C. Sismaet**, Technical Assistant II, BLSS-SHD through (02) 8-632-9935 or email at blss.shd@deped.gov.ph.

ANNEX A

Pledge of Support

I, _____ of _____, commit to help promote mental health and well-being in the Department of Education by _____

_____.

Together, let us continue to build a Department of Education in which mental health is valued, promoted and protected; where everyone has an equal opportunity to enjoy mental health and to exercise their human rights; and where everyone can access the mental health care they need. Together, let us continue to build a **#MentallyHealthyDepEd**.

Pangako ng Suporta

Ako, si _____ ng _____, ay nangangakong isusulong ang kalusugang pangkaisipan at kaginhawaan sa Department of Education sa pamamagitan ng _____
_____.

Sama-sama nating ipagpatuloy ang pagbuo ng Department of Education bilang isang kagawaran kung saan ang kalusugang pangkaisipan ng bawat isa ay pinahahalagahan, isinusulong, at pinapangalagaan, kung saan ang bawat isa ay may pantay na pagkakataong matamasa ang kalusugang pangkaisipan bilang isa sa kanilang mga karapatan, at kung saan ang bawat isa ay mayroong malalapitan sa panahon ng pangangailangan. Sama-sama nating itaguyod ang isang **#MentallyHealthyDepEd**.