



Republic of the Philippines
Department of Education


MIMAROPA REGION
SCHOOLS DIVISION OF OCCIDENTAL MINDORO

LP-ED OCCIDENTAL MINDORO
RELEASED
BY: [Signature]
DATE: JAN 24 2022
DIVISION OFFICE
MAMBURAO

**Office of the Schools Division
Superintendent**

DIVISION MEMORANDUM 000029

TO: OIC-Assistant Schools Division Superintendent
Chief Education Supervisors, SGOD and CID
Education Program Supervisors
Public Schools District Supervisors
Public Elementary and Secondary School Heads
All Others Concerned

FROM: 
LYNN G. MENDOZA
Assistant Schools Division Superintendent
Officer-In-Charge
Office of the Schools Division Superintendent

SUBJECT: MENTAL HEALTH WEBINAR SERIES FOR TEACHERS

DATE: January 24, 2022

Attached is a Memorandum from the Office of the Regional Director, dated January 20, 2022 regarding the Mental Health Webinar Series for Teachers.

Interested participants may register through this link:
<https://docs.google.com/forms/d/1YtT53Wf6-GZmT6M1rgOarbf9SO4nZe-HJPdMnSIDzE/edit>.

For widest dissemination.

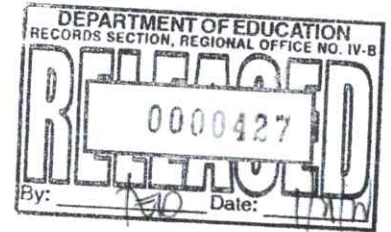
SGOD/ANP



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📞 0906-550-1840/0929-630-1538
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📘 DepEd Tayo Occidental Mindoro/DepEd Occidental



Republic of the Philippines
Department of Education
MIMAROPA REGION



Office of the Regional Director

MEMORANDUM

TO: **SCHOOLS DIVISION SUPERINTENDENTS**

FROM: *for: [Signature]*
NICOLAS T. CAPULONG, PhD., CESO III
Director IV
Regional Director

SUBJECT: **MENTAL HEALTH WEBINAR SERIES FOR TEACHERS**

DATE: **JANUARY 20, 2021**

Per memorandum dated January 17, 2022, from Atty. Revsee A. Escobedo, Undersecretary, Field Operations, Palarong Pambansa Secretariat, and DEACO, entitled *Mental Health Webinar Series for Teachers*, endorses the invitation letter from Ms. Jo-Ann De Belen, Senior National Programme Officer, United Nations Office on Drugs and Crime (UNODC) regarding the conduct of Psychological and Mental Health Webinar Series for Teachers. Please see attached for more details.

The webinar series will commence on January 25, 2022, at 2:00PM via online platform, and will continue until March 2022.

Interested participants may register through this link:
https://docs.google.com/forms/d/1YtT53Wf6_-GZmT6M1rgOarbf9SO4nZe-HJPdMnSIDzE/edit.

For dissemination and appropriate action.

HRDD-NEAP-R / JJMP



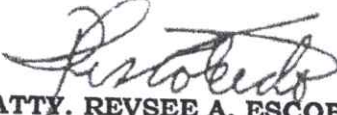
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Republic of the Philippines
Department of Education
OFFICE OF THE UNDERSECRETARY

MEMORANDUM

FOR : **REGIONAL DIRECTORS**
BARM, MINISTER OF BASIC, HIGHER & TECHNICAL
EDUCATION
SCHOOLS DIVISION SUPERINTENDENTS
SCHOOL HEADS AND PRINCIPALS
All Others Concerned

FROM : 
ATTY. REVSEE A. ESCOBEDO
Undersecretary
Field Operations, *Palarong Pambansa* Secretariat, and
DEACO

SUBJECT : **MENTAL HEALTH WEBINAR SERIES FOR TEACHERS**

DATE : January 17, 2022

This Office respectfully endorses the attached *Invitation Letter* from Ms. Jo-Ann De Belen, Senior National Programme Officer, United Nations Office on Drugs and Crime (UNODC), dated January 11, 2022, regarding the **Psychosocial and Mental Health Webinars for Teachers** organized by the UNODC, with support from the International Narcotics and Law Enforcement Affairs (INL), and US State Department.

This endeavor intends to mitigate the negative impact of COVID-19 in at-risk communities and schools. Specifically, this series will delve into understanding how prolonged fears affect mental health and well-being, provide techniques in creating a work-life balance, and equip teachers with skills to properly respond to early signs of stress and deterioration of mental health. The webinar series will commence on **January 25, 2022 (Tuesday) at 2:00 PM via an online platform**, and will continue until March 2022.

Interested participants may register at this link:
<https://docs.google.com/forms/d/1YtT53Wf6-GZmT6M1rgOarbf9SO4nZe-HJPdMnSIDzE/edit>.

For your reference and information.

Copy furnished to:

OLIVER GEORGES LERMET
Senior Resident Policy Advisory
United Nations Office on Drugs and Crime

DR. MARIA CORAZON DURLAO
Chief
Bureau of Learner Support Services - School Health Division

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Office of the Undersecretary for Field Operations, Palarong Pambansa Secretariat, and DEACO
Department of Education, Central Office, Meralco Avenue, Pasig City (Room 515, Mabini Building)
Tel. No: (02) 631 84 92 Fax No: (02) 633 53 13
Email: asec.ppmfo@deped.gov.ph



UNODC

United Nations Office on Drugs and Crime

January 11, 2022

REVSEE ACUÑA ESCOBEDO

Undersecretary for Field Operations,
Bureau of Human Resources and Organizational Development
Personnel Division and Employee Welfare Division
Department of Education

Attention: Dr. Maria Corazon Dumlao
Chief, Health Division

Subject: Mental Health Webinar Series for Teachers

The United Nations Office on Drugs and Crime (UNODC), with support from the International Narcotics and Law Enforcement Affairs (INL), US State Department, is organizing a series of Psychosocial and Mental Health Webinars for teachers from January to March 2022. The Webinar series has the following objectives:

- 1) support teachers in understanding how prolonged fears could affect mental health and well-being;
- 2) provide them with techniques on how to create a work and life balance despite a challenging time, and;
- 3) equip them with the skills to help them identify and respond to early signs of stress and deterioration of mental health.

The launching of the webinar series is organized on 25 January 2022, at 02:00 PM, via an online platform. This initiative is part of the UNODC and INL collaborative support to mitigate the negative impact of COVID-19 in at-risk communities in the Philippines, including in the school setting. Some of the topics to be discussed are common issues in the workplace: stress, anxiety, depression, and burnout; "How do you know if you're still okay?"; and, red flags for needing professional help.

We are happy to extend this invitation to the Department of Education (DepEd). Interested participants may be able to register at the following link <https://docs.google.com/forms/d/1YfT53Wf6-GZmT6M1rgOarbf9SO4nZe-HJPdMnSIDzE/edit>.

We would also like to take this opportunity to request you to grace the occasion by giving an inspirational remarks during the launch of the activity.

Your positive response is very much appreciated.

Very truly yours,

JO-ANN DE BELEN

Senior National Programme Officer
For: Olivier Georges Lermet
Senior Resident Policy Advisor